

Patient Information

Describe Your Reason for Seeking Help: _____

When were you last examined by a physician? _____

List any major health problems for which you currently receive treatment: _____

List any medications you are currently taking: _____

Have you ever received psychiatric or psychological help, or counseling of any kind before? _____

If you have, please explain: _____

Please circle any of the following problems which pertain to you:

- | | | |
|----------------|----------------------|-------------------|
| Nervousness | Depression | Fears |
| Shyness | Sexual Problems | Suicidal Thoughts |
| Separation | Divorce | Finances |
| Drug Use | Alcohol Use | Friends |
| Anger | Self Control | Unhappiness |
| Sleep | Stress | Work |
| Relaxation | Headaches | Tiredness |
| Legal Matters | Memory | Ambition |
| Energy | Insomnia | Making Decisions |
| Loneliness | Inferiority Feelings | Concentration |
| Education | Career Choices | Health Problems |
| Temper | Nightmares | Marriage |
| Children | Appetite | Stomach Trouble |
| Bowel Troubles | Being a Parent | My Thoughts |

List the members of your family and all others in your home:

Name	Age/DOB	Relationship	Occupation
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Please add any additional information that you feel may be useful to us: _____

Thank you for completing this questionnaire.